STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: April 1-8, 2023

Saturday April 1 JH/HS Trap Shoot @ Beatrice

DOORS TO THE SCHOOL OPEN AT 7:45AM.
STUDENTS ARE NOT ALLOWED INSIDE UNTIL THIS TIME.

Monday

Breakfast: Breakfast Sandwich, Diced Peaches

April 3 Lunch: Chili Mac Soup, Ham & Cheese Slider, Blueberries, Fruit, Salad Bar

TESTING - MAP Growth READING - Grades K & 2

RSH - 7th period

State FBLA Convention @ Kearney - Van leaves @ 8AM

HS Mustang Invite @ Friend - 10AM - Vans leave @ 7:33AM - schedule on back

Tuesday April 4 Breakfast: Breakfast Casserole, Vanilla Yogurt w/ Granola, Diced Pears

Lunch: Grilled Chicken Breast on Bun, Mashed Potatoes w/ Gravy, Peas, Banana Cake, Fruit, Salad Bar

TESTING - MAP Growth MATH - Grades K & 2

RSH - 6th period

State FBLA Convention @ Kearney

SCC/SENCAP Dual Credit Information Session - Sophomores & Juniors - 10AM

TRACK PRACTICE after school

Wednesday

NO PRESCHOOL

April 5 Breakfast: Biscuits & Gravy, Cheese Stick, Apple/Orange Juice

EARLY OUT 1:37PM Lunch: Hot Dog, Corn, Chips, Fruit, Salad Bar

RSH - 5th period - Math ACT Prep Wayne State College Rep. - 9AM State FBLA Convention @ Kearney

ACT Practice from 8AM-12:30PM - Sophomores

TRACK PRACTICE - 4PM Trap Practice - TBA

Thursday

Breakfast: Waffle Sticks, Scrambled Eggs, Little Smokies, Grapes

April 6 Lunch: Goulash, Green Beans, Stuffed Garlic & Cheese Bread, Fruit, Salad Bar

TESTING - MAP Growth LA - Grade 2

RSH - 4th period

HTRS JH Track Invite @ Pawnee City - 9:30AM - Bus leaves @ 7:45AM - schedule on back

TRACK PRACTICE after school

Friday

NO SCHOOL

April 7

TRACK PRACTICE - 8AM

Saturday

JH/HS Trap Shoot @ Izaak Walton - Crete

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NHS Spring Trash Pick Up from 8-9:30AM - Meet at Hancock's

* USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Stay up to date with all things JET related by going to the school website: www.sterlingjets.org our Facebook page, or follow us on Twitter: @spsjetpride.

^{*}Side items served with breakfast and lunch.

MUSTANG INVITE @ FRIEND - 4/3/2023

Field Event - 10AM

Girls: Pole Vault Boys: Discus Triple Jump Long Jump Shot Put High Jump

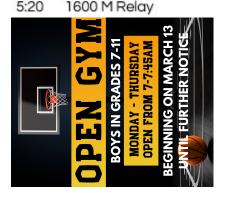
EST. 11:15AM

Shot Put High Jump Pole Vault Discus Triple Jump Long Jump

Running Events APPROXIMATE schedule

Prelim	ns:	
12:30	3200 M Relay, FINALS	Girls
12:45	3200 M Relay, FINALS	Boys
1:00	100 M High Hurdles	Girls
1:10	110 M High Hurdles	Boys
1:20	100 M Dash	Girls
1:30	100 M Dash	Boys
1:40	400 M Dash, FINALS	Girls
1:50	400 M Dash, FINALS	Boys
2:00	3200 M Run, FINALS	Girls
2:15	3200 M Run, FINALS	Boys
2:30	200 M Dash	Girls
2:40	200 M Dash	Boys
FINAL	S	

2:40	200 M Dash	Boys
FINAL	S	
3:15	100 M High Hurdles	Girls
3:20	110 M High Hurdles	Boys
3:30	100 M Dash	Girls
3:35	100 M Dash	Boys
3:40	800 M Run	Girls
3:50	800 M Run	Boys
4:00	300 M Low Hurdles	Girls
4:10	300 M Intermediate Hurdles	Boys
4:20	200 M Dash	Girls
4:25	200 M Dash	Boys
4:30	1600 M Run	Girls
4:40	1600 M Run	Boys
4:50	400 M Relay	Girls
5:00	400 M Relay	Boys
5:10	1600 M Relay	Girls
5:20	1600 M Relay	Boys



HTRS JH TITAN INVITE @ Pawnee City - 4/6/23

Field Events:

Series 1 (9:30 am)

Girls Triple Jump Boys Long Jump Girls Shot (North) Boys High Jump Girls Pole Vault Boys Discus (South)

Series 2

Girls Long Jump Boys Triple Jump Girls High Jump Girls Discus (North) Boys Shot (South) Boys Pole Vault

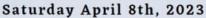
Track Events:

11:00 am [Girls followed by Boys]

800 M Relay 1600 M Run Girls 100 M Hurdles Boys 110 M Hurdles 100 M Dash 400 M Run 300 Intermediate Hurdles 800 M Run 200 M Dash

Short Break – If needed

400 M Relay 1600 M Relay



Easter Egg Hunt

The hunt starts at 10:00 AM @ Sterling Park. Children 3rd Grade & Under are welcome! Come get a picture with the Easter Bunny! Everyone wins a prize!

Don't forget to get your prize egg before you leave.



Hosted By: Sterling Women's Action Club