

STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: April 1-8, 2023

Saturday
April 1

JH/HS Trap Shoot @ Beatrice

**DOORS TO THE SCHOOL OPEN AT 7:45AM.
STUDENTS ARE NOT ALLOWED INSIDE UNTIL THIS TIME.**

Monday
April 3

Breakfast: Breakfast Sandwich, Diced Peaches
Lunch: Chili Mac Soup, Ham & Cheese Slider, Blueberries, Fruit, Salad Bar
TESTING - MAP Growth READING - Grades K & 2
RSH - 7th period
State FBLA Convention @ Kearney - Van leaves @ 8AM
HS Mustang Invite @ Friend - 10AM - Vans leave @ 7:33AM - schedule on back

Tuesday
April 4

Breakfast: Breakfast Casserole, Vanilla Yogurt w/ Granola, Diced Pears
Lunch: Grilled Chicken Breast on Bun, Mashed Potatoes w/ Gravy, Peas, Banana Cake, Fruit, Salad Bar
TESTING - MAP Growth MATH - Grades K & 2
RSH - 6th period
State FBLA Convention @ Kearney
SCC/SENCAP Dual Credit Information Session - Sophomores & Juniors - 10AM
TRACK PRACTICE after school

Wednesday
April 5
EARLY OUT
1:37PM

NO PRESCHOOL
Breakfast: Biscuits & Gravy, Cheese Stick, Apple/Orange Juice
Lunch: Hot Dog, Corn, Chips, Fruit, Salad Bar
RSH - 5th period - Math ACT Prep
Wayne State College Rep. - 9AM
State FBLA Convention @ Kearney
ACT Practice from 8AM-12:30PM - Sophomores
TRACK PRACTICE - 4PM
Trap Practice - TBA

Thursday
April 6

Breakfast: Waffle Sticks, Scrambled Eggs, Little Smokies, Grapes
Lunch: Goulash, Green Beans, Stuffed Garlic & Cheese Bread, Fruit, Salad Bar
TESTING - MAP Growth LA - Grade 2
RSH - 4th period
HTRS JH Track Invite @ Pawnee City - 9:30AM - Bus leaves @ 7:45AM - schedule on back
TRACK PRACTICE after school

Friday
April 7

NO SCHOOL
TRACK PRACTICE - 8AM

Saturday
April 8

JH/HS Trap Shoot @ Izaak Walton - Crete
NHS Spring Trash Pick Up from 8-9:30AM - Meet at Hancock's

*Side items served with breakfast and lunch.

* USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Stay up to date with all things JET related by going to the school website: www.sterlingjets.org our [Facebook](#) page, or follow us on Twitter: [@spsjetpride](#).

MUSTANG INVITE @ FRIEND - 4/3/2023

Field Event - 10AM

Boys: Discus	Girls: Pole Vault
Long Jump	Triple Jump
High Jump	Shot Put

EST. 11:15AM

Shot Put	High Jump
Pole Vault	Discus
Triple Jump	Long Jump

Running Events APPROXIMATE schedule

Prelims:

12:30	3200 M Relay, FINALS	Girls
12:45	3200 M Relay, FINALS	Boys
1:00	100 M High Hurdles	Girls
1:10	110 M High Hurdles	Boys
1:20	100 M Dash	Girls
1:30	100 M Dash	Boys
1:40	400 M Dash, FINALS	Girls
1:50	400 M Dash, FINALS	Boys
2:00	3200 M Run, FINALS	Girls
2:15	3200 M Run, FINALS	Boys
2:30	200 M Dash	Girls
2:40	200 M Dash	Boys

FINALS

3:15	100 M High Hurdles	Girls
3:20	110 M High Hurdles	Boys
3:30	100 M Dash	Girls
3:35	100 M Dash	Boys
3:40	800 M Run	Girls
3:50	800 M Run	Boys
4:00	300 M Low Hurdles	Girls
4:10	300 M Intermediate Hurdles	Boys
4:20	200 M Dash	Girls
4:25	200 M Dash	Boys
4:30	1600 M Run	Girls
4:40	1600 M Run	Boys
4:50	400 M Relay	Girls
5:00	400 M Relay	Boys
5:10	1600 M Relay	Girls
5:20	1600 M Relay	Boys

HTRS JH TITAN INVITE @ Pawnee City - 4/6/23

Field Events:

Series 1 (9:30 am)

Girls Triple Jump	Boys Long Jump
Boys High Jump	Girls Shot (North)
Boys Discus (South)	Girls Pole Vault

Series 2

Girls Long Jump	Boys Triple Jump
Girls High Jump	Girls Discus (North)
Boys Shot (South)	Boys Pole Vault

Track Events:

11:00 am [Girls followed by Boys]

800 M Relay
1600 M Run
Girls 100 M Hurdles
Boys 110 M Hurdles
100 M Dash
400 M Run
300 Intermediate Hurdles
800 M Run
200 M Dash

Short Break – If needed

400 M Relay
1600 M Relay

Saturday April 8th, 2023

Easter Egg Hunt

The hunt starts at 10:00 AM @ Sterling Park.
Children 3rd Grade & Under are welcome!
Come get a picture with the Easter Bunny!
Everyone wins a prize!

Don't forget to get your prize egg before you leave.



Rain Location: Sterling School

Hosted By: Sterling Women's Action Club



OPEN GYM

BOYS IN GRADES 7-11

MONDAY - THURSDAY

OPEN FROM 7-7:45AM

BEGINNING ON MARCH 13

UNTIL FURTHER NOTICE

